

Traffic Light Fruit Kebabs

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To make traffic light fruit kebabs, you'll need:

- red fruit, such as strawberries or plums
- orange fruit, such as rockmelon or mandarin
- green fruit, such as honeydew, green grapes or kiwi fruit
- wooden skewers or large tooth picks.

Cut the fruit into bite-size chunks or balls. Thread a piece of red, orange and green fruit on a stick to make it look like a traffic light. You might be able to fit two traffic lights on a longer stick – or even more!

The kebabs are now ready to eat and enjoy.
What's your favourite colour?

As a special and healthy treat, make a plate of kebabs for your family or friends – but make sure you pull the stick out before you eat them!

