

Lesson 5 – Practise what you’ve learnt

Lesson Overview	Students investigate how to challenge unsafe behaviour around roads. They then plan the safest walking route to their school using a map of the school and local area.
Learning Outcomes	Students start to practise the skills they have learnt to keep themselves safe in their everyday lives.
National Curriculum	PSHE Core Theme 1: Health and wellbeing; Core Theme 2: Relationships

Time	Activity	Resources
Starter		
5 min	☞ Teacher led discussion about personal responsibility around roads. The students are responsible for their own safety and making sure that their behaviour doesn’t affect other people’s safety. Teacher led discussion on what responsibilities they have as a road user (to observe green cross code, act sensibly etc).	
Main		
20 min	☞ In pairs the group read the Just messin’ about script and answer the questions below it. Feedback the answers as a class. Emphasise the students’ responsibility and how the identified behaviours are putting themselves and others at risk.	☞ Just messin’ about – script
10 min	☞ Print maps of the school with a three-mile radius, Google maps is useful for this, or use a computer room if available. Hand out the maps to students in pairs and ask them to mark their house on the map, or where their walking route enters the map. In pairs the students then plan the fastest route to walk to school from their house.	☞ Maps of the school and local area (Google Maps) or access to a computer
15 min	☞ Ask the students if this is the safest route they can walk. Does the route cross any busy roads? Are there pedestrian crossings they can use if they walk further down a road? In pairs ask the students to re-plan the route making it the safest route, marking where they can take advantage of pedestrian crossings or other road calming schemes. If students are stuck you can use Google maps street view to look at busy roads and see where traffic-calming schemes are in place.	
Review, reflect and assess		
10 min	☞ Compare students maps, do most students agree on which roads are best to avoid and where they can use safety measures to help them cross?	
Home work	☞ Encourage students to try these new routes and report back if they were safer / quicker. Do others already use these routes?	

Just messing about

It is 3:30 outside a high school and Chris is listening to his mp3 player waiting for the school bus. He is stood half on the pavement and half on the road. His friend, Lee, sees him and sneaks up behind him.



- Lee *(Pushing Chris into the road but keeping hold of him and pulling him back quickly)* Saved your life!
- Chris Careful.
- Lee Oh yes, we must be careful you don't fall *(Pushes him again)* Sir, sir Chris's in the road.
- Chris Shut up, I don't want to get sent to the back of the queue. I want to get a seat.
- Lee Oh I don't know, a bit of bus surfing stood up is always good fun.
- Chris To you.
- Lee Hey, it is funny! Yesterday I spent the whole trip pretending to fall into Dave.
- Chris What did he do?
- Lee Fall over a lot.
- Chris Brilliant. Didn't he say anything?
- Lee What can he say? The bus is moving and it's tricky to stay stood up. What you doing tonight?
- Chris Nothing much, what you up to?
- Lee I've just got the new Fifa for the Playstation. Fancy coming round to have a match?
- Chris Yeah, alright.
- Lee Do you want to come back now? Give your mum a ring and get on my bus.
- Chris Sounds good to me.
- Lee Come on then.

Chris gets his phone out and starts to dial his mum. Lee's bus arrives and parks up on the other side of the road.

Hurry up or you'll miss it (Lee runs across the road to get to the bus)

- Chris *(Chris follows him whilst on the phone leaving a message for his mum)* Hi mum, I'm going to Lee's I'll try and speak to you later.

Lee and Chris join the queue and start pushing to get on and get a seat.

Questions

1. How many different things did Lee do that were dangerous on the road?
2. How many dangerous things did Chris do?
3. Why weren't they giving the road their full attention?
4. What could have happened to Lee acting in this way?
5. What could have happened to Chris?
6. If these were your friends what would you say to them to get them to act more sensibly?